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From the Secretary's Desk

Dear Friends of CINI,

The last quarter (January to March) with many events taking place across states in over **140 projects, covering millions** of women and children, has been an intense period of activity.

On **1st February** we celebrated the **51st CINI Foundation Day** at the beautiful, eco-friendly campus of Cyril Academy close to CINI main campus. The diverse and rich culture of Odisha, West Bengal, Jharkhand and Assam were presented by children through dance and music. The event brought together many of our ex-colleagues, friends and donors from India and abroad. Following the main event in Kolkata, the 51st Foundation Day was also observed in **Odisha and Jharkhand** with luminaries from the respective states gracing the occasion.

National Girl Child Day and International Women's Day was observed in various CINI Units, reminding us of social evils like '**female foeticide**', '**gender-based violence**', '**gender discriminations**' and '**dowry**' still existing in our families, in communities rich and poor all around us.

A meeting of thematic specialists in health, nutrition, education, protection, climate change with senior colleagues was held to discuss the rising incidence of **non-communicable diseases (NCDs)**. These are obesity, diabetes, chronic lung disease due to pollution, various types of cancer, liver and kidney diseases and mental health issues, increasingly seen in children, adolescents and women. Early detection, prevent and manage NCDs require a **paradigm shift in our approach at CINI**, to provide such services through **Wellness Centres** is being considered.

Senior officials and Governing Body Members of **Fondazione San Zeno, Italy**, supporting the **Child Friendly Community (CFC)** process in Murshidabad for over a decade, visited project locations and interacted with Senior Management. This decade long support has enabled us to develop the **CINI Method**, which ensure **participation** of marginalised families but also the elected representatives to ensure **ownership and sustainability** of the community development process.

Dr Indrani Bhattacharya, CEO was invited to many national and international conferences to Malaysia for **UNODC summit on SE4U, IIHS Bangalore conference, IHEPA Annual Conference and National Family Summit, New Delhi**. Many of our **colleagues** were invited to **academic conferences where they presented papers** highlighting impact as well as lessons learnt.

Thank you for being with us all the way and help us to improve lives of children and women.

Dr. Samir Chaudhuri,
Founder & Secretary

Teenline Query
Call: 1800-121-5323

Query of this Quarter

SLEEP DEPRIVATION AND MENTAL HEALTH

Sleep deprivation significantly impacts mental health, increasing the risk of anxiety, depression, and other mental health issues, and even exacerbating existing conditions. It can also lead to mood swings, irritability, difficulty concentrating, impaired decision-making, lack of motivation, poor attention and concentration, suicide, and risk-taking behavior etc.

Impact on Mental Health	Impact on Physical Health
Anxiety, depression	Heart disease, High blood pressure
Suicidal Ideation	Headache, Fatigue
Cognitive Impairment	Gut complications, acidity
Exacerbation of Existing Conditions	Daytime sleepiness, Dementia, Obstructive sleep Apnea
Mood Instability and Irritability	Hormonal problems
Social Isolation and Reduced Motivation	Obesity, Diabetes
Disrupt sleep patterns, insomnia	Cancer
Other Mental Health Problems: Bipolar Disorder, ADHD, and Psychosis	Weakened immunity, increased risk of infection
Impulse control issue	Increased risk of accident
Poor memory and learning skills, Concentration problem etc.	Premature mortality etc.

Tips for better Sleep:

- Consistent sleep schedule to regulate body's natural sleep- wake cycle
- Relaxing bedtime routine like reading, listening to music or taking a warm bath
- Avoid electronic devices at least 30 minutes before bed
- Avoid caffeine and alcohol
- Ensure the bedroom is dark, cool and quite
- Regular physical exercise but avoid close to bedtime
- Maintain healthy diet, avoid heavy or sugary meals before bed
- Practice relaxation techniques like deep breathing, meditation etc.
- Avoid or limit daytime naps
- Take professional help if disturb sleep persists for a long time

Special Mention

CINI 51st Foundation Day Celebration



Kolkata: CINI 51st Foundation Day was celebrated on **1st February 2025** at **Cyril Academy campus**, a school run by CINI. Four adolescents from four states of India were the **Chief Guests** of the programme and the Special Guests were **Shri Dilip Mondal, Minister of State, Department of Transport, Government of West Bengal** and **Smt. Tulika Das, Chairperson, West Bengal Commission for Protection of Child Rights (WBCPCR)**. Apart from the honourable Governing Body Members of CINI the presence of Dr. Eliana Riggio, the Advisor to Governing Body, Dr Indrani Bhattacharyya, CEO, CINI and other dignitaries enriched the programme. During the programme, internationally acclaimed organisations **Eklavya Foundation** and **Bridgespan India** were felicitated and CINI employees were awarded for their performance. A library was inaugurated at Cyril Academy with the support from **Rotary Rabindra Sadan, R I Dist. 3291**.



CINI at 12th Annual Conference of the Indian Health Economics and Policy Association (IHEPA), India International Centre, New Delhi



New Delhi: At the **12th Annual Conference of the Indian Health Economics and Policy Association (IHEPA)**, CINI hosted a plenary session titled "**Influencing SDGs at the Local Level: Defining New Paradigms in Health**". The session explored the localisation of **13 out of 17 Sustainable Development Goals (SDGs)** through nine thematic areas aligned with rural panchayat priorities, with a special emphasis on the concept of "**Healthy Villages**".

Dr. Manabendra Nath Roy, IAS (Retd.), former Additional Chief Secretary, Government of West Bengal, and currently Founder and President of SIGMA Foundation, as well as a member of the CINI Governing Body, was a panellist. Other distinguished panellists included **Shri Rajib Kumar Sen (IES, Senior Advisor, NITI Aayog)**, **Dr. Subramanya B.P. (NPO, Science and Training, WHO Country Office for India)**, **Shri S.M. Vijayanand, IAS (Retd.)**, former Chief Secretary, Government of Kerala and **Shri Meghendra Banerjee (Chief of Programmes, CINI)**. The panel was moderated by **Mr. Marine Mukherjee (Asst. Director, Programmes, CINI)** hosted by CINI on January 22, 2025, at the India International Centre, New Delhi.

CINI also presented two papers highlighting its interventions in maternal and child health, showcasing effective, community-driven models for SDG implementation.



Dr Indrani Bhattacharyya CEO, CINI at UNODC Summit, SE4U, Malaysia



Malaysia: Dr Indrani Bhattacharyya, CEO, CINI visited Putrajaya, Malaysia to participate in the SE4U (Stakeholder Engagement for You) Regional Workshop on Non-Governmental Stakeholder Engagement in the Practical Application of the United Nations Convention against Transnational Organized Crime (UNTOC), organized by the United Nations Office on Drugs and Crime (UNODC) Civil Society Unit during January 2025. Participants of Civil Society Units from 11 countries discussed the 'Transnational Organized Crime (UNTOC)', organized by the United Nations Office on Drugs and Crime (UNODC) in the Workshop. Dr Indrani Bhattacharyya shared CINI's half a century long journey particularly in the field of 'child protection'.



Evaluating Impact through Evidence: Collaborative Research by CINI, Institute of Economic Growth (IEG) and FLAME University



An impact evaluation study conducted by the **Institute of Economic Growth (IEG)** and **FLAME University** assessed **maternal and child health outcomes** in CINI's intervention areas using a case-control research design. The study aimed to generate rigorous evidence on the effectiveness of **CINI's community-based health strategies in urban slum settings**.

Findings from the evaluation confirmed the positive impact of CINI's interventions on key maternal and child health indicators, including antenatal care uptake, institutional deliveries, and child nutrition practices. The study highlighted how **locally adapted, community-driven approaches—anchored** in continuous engagement with frontline workers and vulnerable families—can significantly improve health outcomes in underserved urban populations.

These results reinforce CINI's strategic focus on **participatory, evidence-based** programme design and highlight the critical role of collaborative research in informing public health policy and practice. The evaluation also strengthens the case for scaling such models in similar urban contexts across India.

High Level Delegation from Fondazione San Zeno, Italy Visiting CINI



Kolkata: On 4th February a high-level delegation from **Fondazione San Zeno** headed by **Ms. Rita Ruffoli, Director Fondazione San Zeno** visited CINI Head Office at Pailan. For the next two days the team visited various field areas of CINI including Kolkata and Murshidabad. The day began with a meeting at CINI's Head Office, followed by a discussion on **The CINI Method** at the CINI Training Unit. In the afternoon, the delegation visited the Girls' Shelter Home "**Amader Bari**" in Kolkata, spending time with the girls welcomed in the facility. The day ended in **Rambagan**, situated near one of the biggest red-light areas of the city, where they met the children and girls CINI supports every day, ensuring them protection and access to education.

It was a precious moment which strengthens a bond built over 15 years of partnership, joined by a common commitment to a better future for the most vulnerable childhood.



CINI Introduces Self-monitoring Calendar to Counter NCDs



Uttar Dinajpur: CINI has designed a 'Self-Monitoring Calendar' with **14 questionnaires** related to the **children's daily lifestyle practices** as self-monitoring helps adolescents to become more aware of their habits and practices. All the questionnaires have been divided into three categories, like -

1. Children make changes to their habits
2. Children make changes their food practice
3. Children make changes to their personal hygiene

This calendar was distributed among **180 children (20 children from all nine blocks)** of different schools and villages mainly to those who suffered from their unhealthy food practices and lifestyle. The process was started as a pilot experiment for four months (November 2024 to February 2025). During this timeframe, each student responded to the 14 questions and tried to improve their daily lifestyle practices.

After the end of February' 2025, = **a remarkable change was observed in their daily lifestyle.** Now they spread awareness among their peers related to healthy food & practices.

Theatre for Inclusion, Ensuring Participation for Social Expression



Bhubaneswar: From 16th–18th March 2025, a **three-day theatre workshop** was held at Bhubaneswar, engaging **15 adolescents** and youth from Jalimunda Sahi, Kargil Basti, and Somnath Basti. The workshop aimed to harness creative expression as a tool for social change. Under the guidance of trained resource persons, the workshop culminated in a compelling play titled "*Bhinnaranga*", addressing LGBTQIA+ issues.

Kolkata: A **three-day Theatre Workshop** in Kolkata organised by CINI brought together **16 enthusiastic participants** to explore the art of acting. Guided by the theatre personalities, the participants prepared and presented four powerful dramas addressing Girl Child Education, Child Labour, Child Marriage, and Gender Equality.

North 24 Parganas: On March 27th, "**The National Theatre Day**" a powerful theatrical performance was presented to raise awareness on critical social issues such as mobile addiction, early marriage, interpersonal relationships, and Non-Communicable Diseases. The event witnessed enthusiastic participation from **100 students across 12 schools**, and was graced by the presence of renowned theatre artists, adding depth and inspiration to the occasion.



Nota Bene: Regular Column

Do It Yourself: Home-Based Nutrition Solution for Infants and Young Children

Swapan Bikash Saha



In the early 1970s, CINI pioneered a cost-effective model to rehabilitate severely malnourished children by equipping mothers with the knowledge to prepare **NUTRIMIX**, a nutritious supplement using common household staples such as cereals and pulses. Under the leadership of **Dr. Samir Chaudhuri**, Founder Secretary of CINI, this model has been successfully implemented for over five decades. Nutrimix production has evolved across three regimens: home-prepared, locally prepared, and centrally produced.

To strengthen sustainability, CINI empowered mothers and caregivers by transferring essential skills for long-term, home-based nutrition solutions. As part of this effort, a three-month pilot “**DO IT YOURSELF**” was conducted in Kolkata’s urban slums and the tribal block of Rayagada district, Odisha. Standard Operating Procedures and **Social and Behaviour Change Communication (SBCC)** materials were developed to facilitate the initiative. The pilot tested two Nutrimix variants: a basic cereal-pulse mix and an enhanced version incorporating oil, sugar, and milk solids, assessing both household-level preparation and community-led feasibility.

The initiative’s success, with growth promotion during weekly **DIY** sessions at AWCs and follow-up visits, was driven by strong community participation. Many malnourished children showed significant weight gain, with some progressing from severely underweight to moderately underweight, and in some cases, to normal weight.

Despite facing challenges, including limited resources at AWCs and economic constraints, the pilot demonstrated clear potential for wider adoption. The insights gained have shaped the scaling and integration of the DIY model into CINI’s broader health and nutrition programs across its operational states.



Special Days Celebrations

International Women's Day (8th March, 2025)



Jharkhand: CINI marked International Women's Day with spirited celebrations across 13 community-level events in **Khunti Sadar** and **Torpa** blocks. The events brought together adolescent group members, SHG women and frontline heroes — ASHAs, ANMs and AWWs. From cultural performances and interactive games to moving personal stories, the day reflected the

vibrant spirit and resilience of women in our communities.



Udalguri & Tamulpur, Assam: CINI and the Women and Child Development (WCD) Department, Udalguri, organized a special event celebrating women's empowerment, health, and sanitation. Hon'ble Executive Member of BTC Daobaisa Boro, Ex-MLA Mrs. Kamali Basumatary, and social activist Geetanjali Bhuyan joined district officials to support the initiative. The Tamulpur District Administration, in collaboration with **SANKALP: HEW**, Child in Need Institute (CINI), ASHA, CLF, ASRLM, and Tamulpur Development Block, hosted a special International Women's Day event to spotlight women's mental health and empowerment. Shri Jolen Daimary, Hon'ble MLA Tamulpur, and Shri Hemanta Rabha, Hon'ble MCLA, joined other dignitaries and community members at the gathering.



Film screening at Udaguri, on International Women's Day



Bhubaneswar, Odisha : International Women's Day was celebrated across three urban slums of Bhubaneswar—**Jalimunda Sahi, Somanatha Basti, and Kargil Basti**—on March 6th, 7th, and 8th, 2025, respectively. The celebration aimed to promote awareness on women's rights, gender equality, and empowerment through engaging activities such as oath-taking, rallies, and expressive art on womanhood. The events actively involved community members, adolescents, youth, and women's groups.





Birbhum: The celebration of **International Women's Day** focused on addressing deep-rooted gender inequalities and promoting women's empowerment through awareness, dialogue, and action. Emphasizing themes such as education, health, financial independence, and legal rights, the event created a platform for women and girls to voice their concerns and aspirations. **To challenge traditional gender roles, a Kabaddi match** was organized in **Md. Bazar, block Birbhum** with enthusiastic participation from Kedarpur High School, Patelnagar Girls' School, and Nirbhaypur Junior High School. The event promoted physical fitness and leadership among girls, reinforcing their right to equal opportunities in sports.



Murshidabad: On **March 8**, CINI Murshidabad celebrated **International Women's Day** through two impactful events. The first, under the **Sakhi Financial Literacy Program**, promoted financial empowerment for women and youth, honouring grassroots leaders advocating for financial rights. The second event, held in **Berhampore**, recognized women from diverse sectors—**police, media, and health**—for their contributions to the community. **Winners and Chetna Group Members** were specially acknowledged for their work in **women's safety and awareness on early marriage**. These celebrations reaffirmed CINI's commitment to gender equality and recognizing women as pillars of progress.



North Bengal: On the occasion of **International Women's Day**, a vibrant and engaging event was organized on 6th March 2025 by **Drop-in Centre (DIC) No. 4 and 14** in collaboration with various stakeholders. The event saw active participation from Urban Public Health Centre (UPHC) 1, Tumul Para (Ward No. 4), ASHA Workers, FTMO, CHOs, team from CINI, community mothers, adolescent girls, children from CINI's drop-in centre & a team from **UNICHARM**. The event featured an awareness session highlighting the importance of women's empowerment, health, and rights.



Kolkata: On the occasion of **International Women's Day**, CINI, in collaboration with **Kolkata Police**, conducted impactful sessions addressing critical issues of **Child Marriage, Trafficking, and Child Abuse**. These sessions were held at two locations within the **Bhangore and Chandaneswar Police Divisions**, aiming to foster a Gender Friendly and Responsive city through equality and inclusivity. The sessions provided crucial information on the legal implications and devastating consequences of these issues, emphasizing the importance of safeguarding the rights and well-being of girls and women.



South 24 Parganas: In Gosaba block, **International Women's Day** was observed at 22 locations, reaching 482 mothers and adolescents through awareness sessions. During these sessions, discussions focused on **gender equality, women's rights**, and the importance of **empowering women and girls** in all aspects of life. The sessions aimed to educate and raise awareness about gender-related issues, encouraging positive change within the community.



Uttar Dinajpur: "International Women's Day" was observed with the theme of "Accelerate Action" at Rampur Gram Panchayat under **Raiganj Block in Uttar Dinajpur**. The event served as a powerful platform to raise awareness around empowerment, gender equality, sex and sexuality and the importance of creating an inclusive, supportive environment for women and girls in the community. A Gram Panchayat-level consultation was held on these critical issues. As part of the initiative, **sanitary pads were distributed** among adolescent girls, emphasizing the importance of menstrual hygiene and reproductive health.

National Girl Child Day Celebration (24th January, 2025)



Assam: On January 24, 2025, the **Assam State Commission for the Protection of Child Rights**, in collaboration with the **State Child Protection Society, Assam, Child in Need Institute (CINI), and Bal Raksha Bharat**, observed **National Girl Child Day**. The event was chaired by Dr Shyamal P. Saikia, IPS (Retd.), Chairperson, Assam State Commission for the Protection of Child Rights, and graced by distinguished dignitaries, including Shri Mukesh Chandra Sahu, IAS, Principal Secretary, Department of Women & Child Development, and Mr Wabir Hussain, Editor-in-Chief, Northeast Live TV. One key takeaway from the event was the need to create more platforms for young girls to share their stories, as their voices are crucial in shaping policies and interventions that directly impact their future. The event concluded with remarks by Mr. Chittopriya Sadhu from Child in Need Institute (CINI).



Kolkata: On National Girl Child Day, 10 adolescents from **CINI** participated in a celebration at Bharat Sabha Hall organized by the **Vabna Network**. The event included a quiz, panel discussion, and active engagement from CINI's peer leaders on adolescent challenges and aspirations, highlighting the importance of empowering girls for a better future.



Murshidabad: On National Girl Child Day, CINI Murshidabad led a powerful initiative where 1,200 adolescent girls submitted their **Charter of Demands** to BDOs (26 blocks), SDOs (5 subdivisions), and the **ADM (Dev)**. Their goal was the inclusion of girls' voices in the **2025–26 departmental budget**. Dignitaries present included the **District Social Welfare Officer**, **OC Kanyashree**, and the **Childline Coordinator**. In Nadia, Malda, and Birbhum, awareness programs featured **health camps, rallies, creative competitions, and sports**. This youth-led campaign stood as a symbol of agency and advocacy, empowering girls to shape their futures through direct civic engagement.



North 24 Parganas: National Girl Child Day was observed in multiple schools across **North 24 Parganas**, the celebration engaged 90 students in discussions and activities that promoted the value of the girl child. The event emphasized education, equal rights, child rights, prevention of early marriage, and building a safe environment for girls to thrive.



Birbhum: National Girl Child Day was celebrated to promote gender equality and raise awareness about girls' rights, education, and health. In West Bengal, **where child marriage and teenage pregnancy** remain prevalent, the event served as a vital platform to address these issues. Activities included a cultural event showcasing girls' talents, a **drawing competition, quiz, and an interactive awareness game** with mothers and adolescents to highlight gender biases. A rally advocating education, equality, and an end to child marriage energized community participation. The celebration emphasized collective responsibility to empower girls and ensure equal opportunities in all spheres of life.



North Bengal: On the occasion of **National Girl Child Day**, CINI organised a vibrant and engaging event on 24th January in **Rangli Rngkiot block (Darjeeling)**, **Kalimpong 1& 2 block (Kalimpong)** and **Banarhat block (Jalpaiguri)** aimed at raising awareness about the rights, education and empowerment of the girl child. The celebration witnessed enthusiastic participation from the adolescent group, CHOs, ANMs, ASHAs, AWWs and Panchayat members totalling around 300 participants.



Uttar Dinajpur: On 24th January 2024, **National Girl Child Day** was celebrated with great enthusiasm at **Karandighi High School in Uttar Dinajpur**, under the theme **“Empowering Girls for a Bright Future”**. The day aimed to spotlight the rights, potential and empowerment of girls while promoting gender equality among adolescents. The event featured a range of engaging and awareness-driven activities, including awareness session on child protection issues, a student's rally (tableau), poster-making activity and adolescent health screening camp.



Howrah and South 24 Parganas: National Girl Child Day' was celebrated at different schools in the Howrah and South 24 Parganas district to highlight the importance of girls' education, empowerment, and gender equality.

National Youth Day Celebration (12th January, 2025)



Jharkhand: On the occasion of **Swami Vivekananda's birth anniversary**, **National Youth Day** was celebrated on January 12 across five panchayats of **Raidih Block** under the **Shiksha Se Hi Suraksha** project. The event witnessed enthusiastic participation from local youth, adolescents, and key stakeholders. **Cultural competitions** such as dance, singing, and speech contests added vibrancy to the celebration. Youth **collectively took a pledge to abstain from drug use** and committed to spreading this important message among their peers in the villages.



Howrah: In collaboration with **Health & School department** a **Mega Adolescent Health Day** was observed on the occasion of 'National Youth Day' at **Sadharoner Siddiqia High Madrasa**, under Uluberia Municipality in Howrah District. Students from other 3 schools participated in this event, which aimed to promote health awareness among adolescents and also awareness on **climate change issues**. A group of 11 students actively took part in performing a drama focusing on healthy food habits and a **healthy lifestyle**, particularly emphasizing the **prevention of non-communicable diseases (NCDs)**.



Murshidabad: On January 12, CINI Murshidabad observed **National Youth Day** to honour **Swami Vivekananda's birth anniversary**. The event began with a vibrant marathon, uniting youth, district officials, police, and a **Swamiji from Ramakrishna Mission** in a celebration of health and unity. Participants reflected on youth empowerment and their role in nation-building. Through such engagement, CINI aims to inspire young citizens to lead with purpose and contribute positively to their communities.



Kolkata: On 12th January 2025, a special **Street Champions' Workshop** was held at in Kolkata to celebrate **Youth Day** and promote young advocates within the community. Attended by 30 participants, the event highlighted the significance of youth involvement in child protection and advocacy. Youth Day, observed globally on 12th January, honours the contributions of young people and their role in building a sustainable future. In India, it coincides with National Youth Day, honoring Swami Vivekananda, who emphasized the power and potential of youth. The workshop focused on **empowering youth**, recognizing their contributions, and transforming Street Champions into Young Advocates.

World Water Day (22nd March, 2025)



Gosaba: In Gosaba block, the **World Water Day** was observed across 17 different locations, where both adolescents and mothers participated in awareness programs. The community mobilizer played a key role in educating participants about the importance of conserving freshwater. The mobilizer highlighted several key points during the sessions, such as the **significance of water conservation** for the health of both people and the environment. They discussed simple yet effective ways to save water, including using water-efficient appliances, reducing water wastage during daily chores, and promoting water recycling.

National Science Day (28th February, 2025)



Diamond Harbour: National Science Day is celebrated in India on **February 28** each year to mark the discovery of the **Raman effects** by Indian physicist Sir C. V. Raman on 28 February 1928. This is time to spread a message about the importance of science used in the daily life of the people against superstition and to display all the activities, efforts and achievements in the field of science for human welfare. CINI celebrated the day in **Diamond Harbour** with the children of its learning centre to build a scientific outlook among the future citizens.

News Positive

Recognising Impact: Radhika Barman's journey from Child Leader to Community Change Maker



For the past eight years, **Radhika Barman** has been associated with CINI—initially as a member of children's groups and later, after turning 18, as a youth volunteer. She got recognition for her effortless contribution to the development of the community from the **Bangalbari Gram Panchayat under Hemtabad Dev. Block, Uttar Dinajpur**. As recognition, she got monetary support of Rs. 2,500.00 and other educational support.

Throughout her activities as a volunteer, she has encountered various social issues affecting our society, such as **child marriage, teenage pregnancy, child labour, migrant labour, domestic violence, neglect, exploitation**, etc. To address these challenges and reduce their impact, she, along with others, helped to form Block Adolescent-Led Advocacy (BALA) Forum at the block level, representing children and youth from all existing Gram Panchayats of the particular block. Through this forum, they meet quarterly to highlight child-related issues and share potential solutions with the block administration, involving all relevant sectors—General Administration, ICDS, Health, Education and Police, among others.

In addition, to ensure the fair distribution of various government services to the community and children, an Information and Support Centre, jointly run by youth volunteers and CINI, has been set up at the Duare Sarkar Camps, a West Bengal government initiative to provide government services at the doorstep of the beneficiaries. Radhika has played a pivotal role in significantly increasing the number of beneficiaries in Bangalbari Gram Panchayat who have accessed various government schemes through her dedicated outreach and facilitation efforts.

Other Events of the Quarter



Gender-Sensitive City, New initiatives at Kolkata, Ranchi and Bhubaneswar through GSafe+ Project supported by Terre des hommes, Germany

During this quarter CINI got the opportunity to launch a project namely "G-Safe+" for the next three years. This initiative, **supported by TDH Germany**, will be expanding to **four wards in Kolkata, three in Bhubaneswar, and three in Ranchi**.

In Jharkhand, CINI successfully inaugurated the **G-SAFE+** project, bringing together **50+ stakeholders** from child protection, gender rights, mental health (RINPAS), academicians from Central University, Jharkhand and governance to foster **gender-sensitive and inclusive urban spaces**.

In Bhubaneswar, the launch of the G-SAFE+ project, along with a State-Level Conference on "Making the City Safe, Inclusive, and Gender Sensitive," was inaugurated by Ms. Sulochana Das, **Mayor of Bhubaneswar Municipal Corporation (BMC)**, along with child guest Ms. Jyoti Lenka from the intervention area, Mr. Meghendra Banerjee, COP, CINI and Ms. Saswati N. Mohapatra, SPM, CINI Odisha unit.

In Kolkata, a comprehensive three-day Staff Orientation Workshop was organized, bringing together teams from all three cities. The workshop was graced by the presence of senior management team members, including Dr. Samir Chaudhary, Founder Secretary; Mr. Sudeep Patra, Chief Operating Officer; Mr. Meghendra Banerjee, Chief of Programmes; Dr. Swati Chakraborty, Assistant Director, Kolkata Unit; Ms. Tanvi Jha, Unit Head, Jharkhand; Ms. Saswati Nayek Mohapatra, Unit Head, Orissa; Dr. Santwana Adhikari, Senior Programme Manager, ARC.



Exploring Tribal Health Inequalities, IPHACON at Belgaum, Karnataka



among PVTGs in Odisha, immunization hesitancy in Jharkhand addressed through community engagement, and the challenge of malnutrition during pregnancy across Odisha, Jharkhand, and West Bengal.

CINI Senior Management visited North Bengal unit



NB Unit, in-depth conversations on establishing and strengthening CFCs, strategic meetings with Government Officials, and, most importantly, engaging directly with community members—each contributing to the foundation for impactful progress ahead.

Inauguration of Anaemia cell 'Anaemia Barta Ghor' in School



CINI hosted a plenary session titled "Closing the Inequities: A Deep Dive on The Tribal Health Status of 4 States of India" at the **69th IPHA (Indian Public Health Association) Annual Conference**, held at Jawaharlal Nehru Medical College, Belgaum. The session spotlighted critical tribal health issues, including the rise of NCDs

During 10th to 13th March, **Dr. Samir Chaudhuri, Dr. Eliana Riggio, and Ms. Nilanjana Ghosh** visited **CINI North Bengal Unit**. Through meaningful interactions across the unit and the community, the visit sparked insightful discussions, collaborative brainstorming, and a shared vision for the future. Key highlights included a comprehensive update on the

On 26th March 2025 a room of a school **Santoshpur Rishi Aurobinda Balika Vidyapith** was inaugurated as '**Anaemia Barta Ghor**' or Anaemia Information Room by the State Nodal Office of Anaemia Mukt Bangla, Dr. Bhabani Das (ADHS- Child Health). CINI provided IEC materials for the wall painting, while school authority renovated the classroom with several message of Anaemia prevention.

CINI was recognized for its impactful contributions at Bochadanga Gram Panchayat, Uttar Dinajpur



(CDPO) of Kaliyaganj ICDS Project jointly presented CINI with a memento, acknowledging its active participation in convergence meetings and its pivotal role in strengthening Child Protection Committees (CPCs).

The Child in Need Institute (CINI) has been formally recognized for its outstanding efforts in strengthening child protection mechanisms and promoting child welfare in the **Kaliyaganj Block of Uttar Dinajpur**. On 17th February 2025, the Savapati of Kaliyaganj Panchayat Samity and the Child Development Project Officer

Art Therapy Workshop organised by CINI-Teenline



On 25th March, **Teenline** organized **Art Therapy workshop**. The workshop served as a powerful reminder of how art can unlock emotions that we often struggle to express in words. Through every stroke, colour, and shape, participants discovered new ways to connect with themselves and one another. Special thanks to **Ms. Rajashree Mukherjee (trainer)**, whose clear explanations and insights addressed all queries effectively.

Aagaaz – Exposition of Known and Unknown at Murshidabad



On February 15, CINI, in collaboration with **IIMPACT** and supported by **TITAN**, hosted “**Aagaaz**” in Murshidabad. Children from **41** learning centers showcased science and math projects through **24 innovative stalls**, while teachers served homemade food at a community stall. Notable attendees included **CSR and Sustainability leaders** from **TITAN**, along with **IIMPACT leadership**, the **Child Protection Officer**,

and **education officials**. **57 children** were awarded **scholarships**.

State Consultation on youth led Climate Resilience in Jharkhand



CINI successfully hosted the State Consultation on **empowering children and adolescents on Community-Led Climate Resilience** on Feb 18, 2025, in Ranchi. The event brought together children, adolescents, policymakers, climate experts, and community leaders to discuss Jharkhand's climate risks and the urgent need for Climate action. Mr Aboobacker Siddique, IAS (Forest & Climate Change Secretary,

Jharkhand), Dr. Kamlesh Kumar (State TB Officer, Climate Change Nodal Officer), Dr Samir Chaudhuri, Founder-Secretary, CINI, Mr Meghendra Banerjee, CoP, CINI shared their valuable views with the Mukhiyas from various Gram Panchayats of Jharkhand.

Centre Management Committees for Girls' Learning Centres in South 24 Parganas



38 Girls Learning Centres under the CINI Diamond Harbour Unit have established **Centre Management Committees** to ensure the smooth operation of the centres in South 24 Parganas. These committees are composed of Panchayat members, parents of the children, ASHAs, AWWs, and two adolescents from

the community-level adolescent group.

State Level Consultation for the legal and mental health care of child survivors of sexual abuse



CINI, in collaboration with the **Department of Psychiatric Social Work, Institute of Psychiatry (IoP)-CoE, Kolkata**, organised a pivotal consultation on the intersection of **legal frameworks and mental health care for child survivors of sexual abuse**. The event served as a platform for multidisciplinary dialogue, bringing together legal professionals, mental health experts, child protection officers, NGOs, and

policymakers to discuss the effectiveness of the POCSO Act, 2012, and its role in safeguarding children from sexual abuse.

Picture Speaks



Noted film personality, **Ms. Papia Adhikary**, celebrated her birthday at **CINI girls' CCI** by sponsoring a meal for the children on 1st January 2025. She spent quality time with the children creating beautiful memories.

Ms. Kakoli Dey, Assistant Director, CINI delivered a presentation on social awareness at **Ursuline Convent School** and **Cluny Convent School**, where the children generously donated to support CINI's initiatives on 5th February 2025.



Ms Brinda Bidasaria celebrated her daughter's birthday with a cake-cutting ceremony at our Girls' CCI on February 25, 2025, where she generously distributed school bags and stationery items to the children.

CINI's long-term friend **Ms. Jasmine Banu**, celebrated her daughter's birthday at our Girl's CCI on February 14, 2025, by generously distributing food packets and stationery items to the girls.





A MoU was signed between CINI and IIHMR University Jaipur for research partnerships and collaborations on 14th February at IIHMR University campus, Jaipur. A paper was also presented on 'Understanding Gender-Based Violence and its impact on Sexual Reproductive Health as a Public Health Issue'.

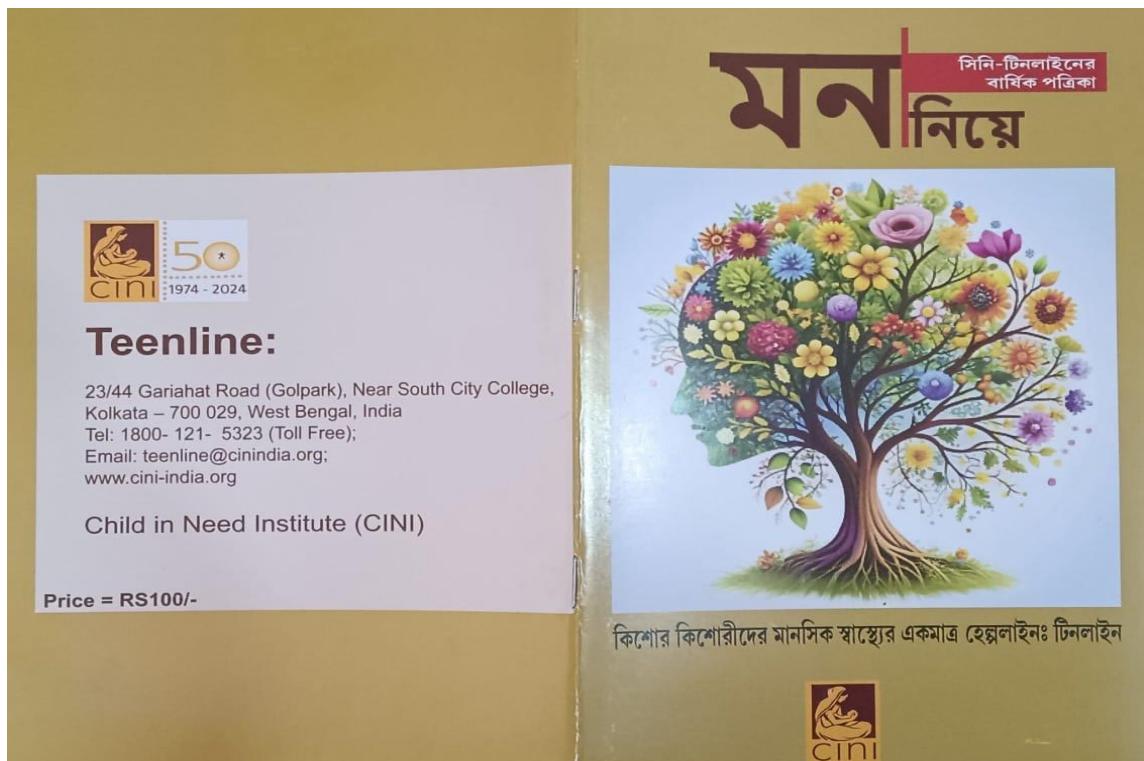
Sankalp, a CSR initiative by CESC Limited, promotes environmental stewardship among students through sustainable practices. On 27th February 2025, a dissemination workshop was organized to showcase posters and models, prepared during a recent inter-school competition further reinforced 2240 students' commitment to environmental protection.



CINI's participated in "3Tbhisearan", a dynamic platform hosted by **AXIS Bank Foundation** with the theme "**Navigating Transitions: Pathways Towards A Shared Purpose**" at Axis House, Worli, Mumbai on 1st March 2025. Dr. Indrani Bhattacharya, CEO, CINI, was a distinguished panelist in a plenary session.

On 7th February 2025, the **pre-primary students of Cyril academy** embarked on an exciting adventure to the **Zoological Garden**, exploring the wonders of wildlife.





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